

# (alt.) 243 • The Glory Of These Forty Days

Tune: (alternate version) ERHALT UNS, HERR (LM)      Text: Pope St. Gregory (†604)

1. The glo - ry of these for - ty days we cel - e - brate with  
2. A - lone and fast - ing Mo - ses saw the lov - ing God who  
3. So Dan - iel trained his mys - tic sight, de - liv - ered from the  
4. Then grant us, Lord, like them to be full oft in fast and  
5. O Fa - ther, Son, and Spir - it blest, to thee be eve - ry

songs of praise; for Christ, through whom all things were made, him -  
gave the law; and to E - li - jah, fast - ing, came the  
li - ons' might; and John, the Bride - groom's friend, be - came the  
prayer with thee; our spir - its strength - en with thy grace, and  
prayer ad - dressed, who art in three - fold Name a - dored, from

self has fast - ed and has prayed.  
steeds and char - i - ots of flame.  
her - ald of Mes - si - ah's name.  
give us joy to see thy face.  
age to age, the on - ly Lord.

If you would like this Hymn in a different key, please E-mail: [chabanel@ccwatershed.org](mailto:chabanel@ccwatershed.org)  
To learn more about the 750-page *Vatican II Hymnal*, please visit [ccwatershed.org/vatican](http://ccwatershed.org/vatican)