1. *I have* waited, *waited for* the Lord, *
   and he stooped *toward* me.

2. The *Lord heard my* cry. *
   He drew me out of the pit of destruction,
   out of the mud of *the* swamp;

3. he set my *feet upon* a crag; *
   he made firm *my* steps.

4. And he put a new song into *my* mouth, †
   a *hymn to our* God. *
   Many shall look on in awe and trust in *the* Lord.

5. Though I am *afflicted and* poor, *
   yet the Lord thinks *of* me.

6. You are my help and *my deliverer; *
   O my God, hold *not* back!