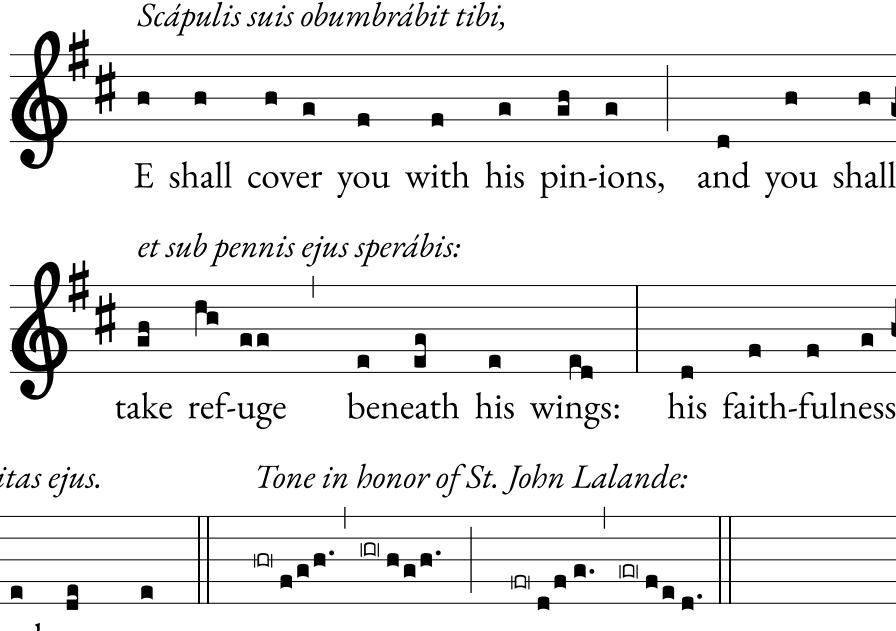


Communion • 1st Sunday of Lent (Years ABC)

Psalm 90:4-5

H



Scápolis suis obumbrábit tibi,
E shall cover you with his pin-ions, and you shall
et sub pennis ejus sperábis:
take ref-uge beneath his wings: his faith-fulness
scuto circúmdabit te véritas ejus.
will throw a shield a-bout you.

Tone in honor of St. John Lalande:

As does the antiphon itself, the following 'ad libitum' psalm verses come from Psalm 90.

- a. Qui hábitat in adjutório Altíssimi,
in protectióne Dei cæli commorábitur.
Dicet Dño: Suscéptor meus es tu, et refúgiū meū;
Deus meus, sperábo in eum.
- b. Scápolis suis obumbrábit tibi,
et sub pennis ejus sperábis. [...]
non timébis a timóre noctúrno;
a sagitta volánte in die.
- c. Cadent a látere tuo mille, [...]
ad te autem non appropinquábit.
Verúmtamen óculis tuis considerábis,
et retributióнем peccatórum vidébis.
- d. Étiam si occíderit me, in ipso sperábo:
verúmtamen vias meas in conspéctu ejus árguam.
Et ipse erit salvátor meus: non enim véniet in
conspéctu ejus omnis hypócrita. *Job 13: 15-16*
- e. Glória Patri, et Fílio, et Spirítui
Sancto. Sicut erat in princípio,
et nunc, et semper, et in sǽcula
sæculórum. Amen.
- a. You who dwell in the care of **the** Most High,
and abide in the shade of **the** Almighty,
can say to the Lord: [—] “You are my stronghold **and** my refuge;
my God in **whom** I trust.”
- b. Under his pinions [—] he **will** protect you;
beneath his wings you **will** seek refuge.
You shall not fear the terror **of** the night,
nor the arrow that **flies** by day-light.
- c. Though a thousand fall **at** your side,
it shall never come **next** or near you;
rather, your eyes shall **look** about you,
and see the **re-ward** of sinners.
- d. Though he slay me, [—] yet **will I trust in him.**
I will defend my **con-duct** before him.
This very boldness [—] gives promise of **my** release,
since no hypocrite dare **ap-pear** before him. *Job 13: 15-16*
- e. Glory be to the Father, and **to** the Son,
and to the **Ho-ly** Spirit.
As it was in the begin-**ning**, is now,
and will be for ev-**er**. Amen.

THIS SPLENDID hymnal contains hundreds of hymns set to simple-yet-gorgeous melodies. Most of the translations are by Roman Catholic priests & bishops. We're unaware of any other book that includes such rich history; indeed, the *Saint Jean de Brébeuf Hymnal* includes English texts (!) stretching all the way back to 1599AD. — <https://ccwatershed.org/hymn>

Optional verses in Fauxbourdon:

Chabanel Tone in honor of St. Alexander Bryant (d. 1581)

a. Qui hábitat in adjutório Altíssimi, | in protectíone Dei cæli commorábitur.
Dicet Dómino: Suscéptor meus es tu, et refúgium meum; | Deus meus, sperábo in eum.

a. You who dwell in the care of the Most High, and a-bide in the shade of the Al-might-y,

can say to the Lord: "You are my strong-hold and my ref-uge; my God in whom I trust."

b. Scápulis suis obumbrábit tibi, | et sub pennis ejus sperábis. [...] non timébis a timóre noctúrno; | a sagítta volánte in die.

b. Un - der his pin-ions he will pro-tect you; be-neath his wings you will seek ref-uge.

You shall not fear the ter-ror of the night, nor the ar-row that flies by day-light.

c. Cadent a látere tuo mille, [...] ad te autem non appropinquábit. Verúmtamen óculis tuis considerábis, | et retributíonem peccatórum vidébis.

c. Though a thou-sand fall at your side, it shall nev - er come next or near you;

NOW IS NOT the time for weak theology in a hymnal. Nor is it time to bring back off-Broadway, undignified, mawkish tunes from the 1970s. Let's bravely proclaim our Catholic Faith! The **Father Brébeuf Hymnal** is based upon the authentic treasury of Catholic hymnody: *Ad Cenam Agni; Summi Largitor Praemii; Adoro Te Devote; O Esca Viatorum; Te Deum Laudamus; Auctor Beate Saeculi; Audi Benigne Conditor; Ave Maris Stella; Christe Redemptor; Consors Paterni; Corde Natus; Creator Alme Siderum; Ave Vivens Hostia; Mundus Effusis Redemptus; O Gloriosa Femina; O Salutaris Hostia; Surrexit Christus Hodie; Tantum Ergo; Veni Redemptor Gentium; Veni Veni Emmanuel; Vexilla Regis Prodeunt;* and hundreds more! — <https://ccwatershed.org/hymn>

ra - ther, your eyes shall look a - bout you, and see the re - ward of sin ners.

[Job 13: 15-16]

d. Étiam si occíderit me, in ipso sperábo:
verúmtamen vias meas in conspéctu ejus árguam.
Et ipse erit salvátor meus: non enim véniet in conspéctu ejus omnis hypócrita.

d. Though he slay me, yet will I trust in him. I will de-fend my con-duct be-fore him.

This ver-y bold ness gives prom-ise of my re-lease, since no hyp-o-crite dare ap-pear be-fore him.

f. Glória Patri, et Fílio, et Spirítui Sancto.
Sicut erat in princípio, et nunc, et semper, et in sácula sáculórum. Amen.

e. Glo - ry be to the Fa - ther, & to the Son, and to the Ho - ly Spir - it.

As it was in the be - gin - ning, is now, and will be for ev - er. A - men.

THIS SPLENDID hymnal contains hundreds of hymns set to simple-yet-gorgeous melodies. Most of the translations are by Roman Catholic priests & bishops. We're unaware of any other book that includes such rich history; indeed, the *Saint Jean de Brébeuf Hymnal* includes English texts (!) stretching all the way back to 1599AD. — <https://ccwatershed.org/hymn>