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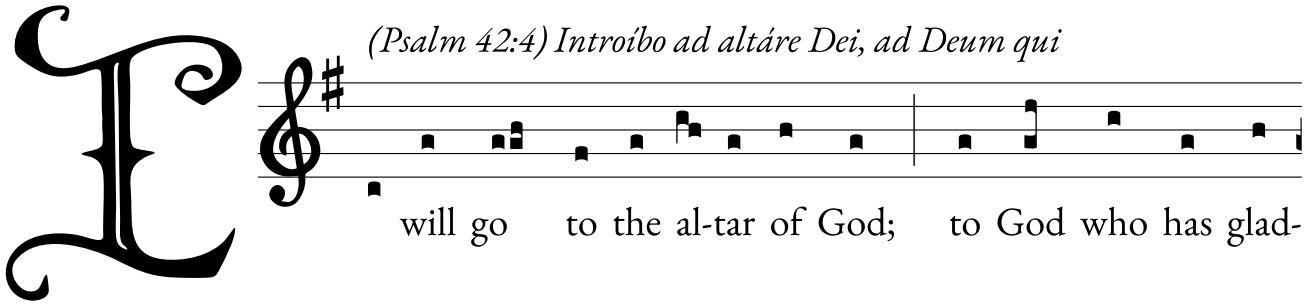
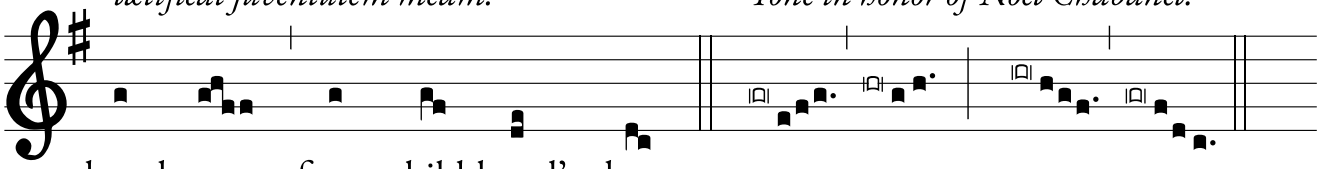
Communion • 5th Sunday in Ordinary Time **(Year A + Year C)**

(Psalm 42:4) Introíbo ad altáre Dei, ad Deum qui



I will go to the al-tar of God; to God who has glad-

lætíficat juventútem meam.



dened me from child-hood's days.

Tone in honor of Noël Chabanel:

As does the antiphon itself, the 'ad libitum' psalm verses come from Psalm 42.

a. Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo et dolóso érue me.

a. Judge me, O God, and de-***fend*** my cause against a nation that ***is*** godless; from the unjust and de-***ceit***-ful man, deliver ***me,*** O God.

b. Quia tu es, Deus, fortitúdo mea: quare me repulísti? et quare tristis incédo, dum afflígit me inimícus?

b. For you, O God, are ***all*** my strength; why have you cast ***me*** off? Why must I go a-***bout*** in mourning, while my ene-***my*** op-presses me?

c. Emítte lucem tuam et veritátem tuam: ipsa me deduxérunt, et adduxérunt in montem sanctum tuum, et in tabernácula tua.

c. Send forth your light ***and*** your truth; let these be ***my*** guide. Let them bring me to your ***ho***-ly mountain, to the place ***where*** you dwell.

d. Et introíbo ad altáre Dei, ad Deum qui lætíficat juventútem meam. Confitébor tibi in cíthara, Deus, Deus meus.

d. I will go to the al-***tar*** of God, the giver of youth ***and*** happiness. With the harp [—] I ***will*** give thanks to you, my Redeemer ***and*** my God.

e. Quare tristis es, ánima mea? et quare contúrbas me? Spera in Deo, quóniam adhuc confitébor illi, salutáre vultus mei, et Deus meus.

e. Why are you disheartened, ***O*** my soul? Will you never be ***at*** peace? Hope in God; [—] I will ***praise*** him still, my Savior ***and*** my God.

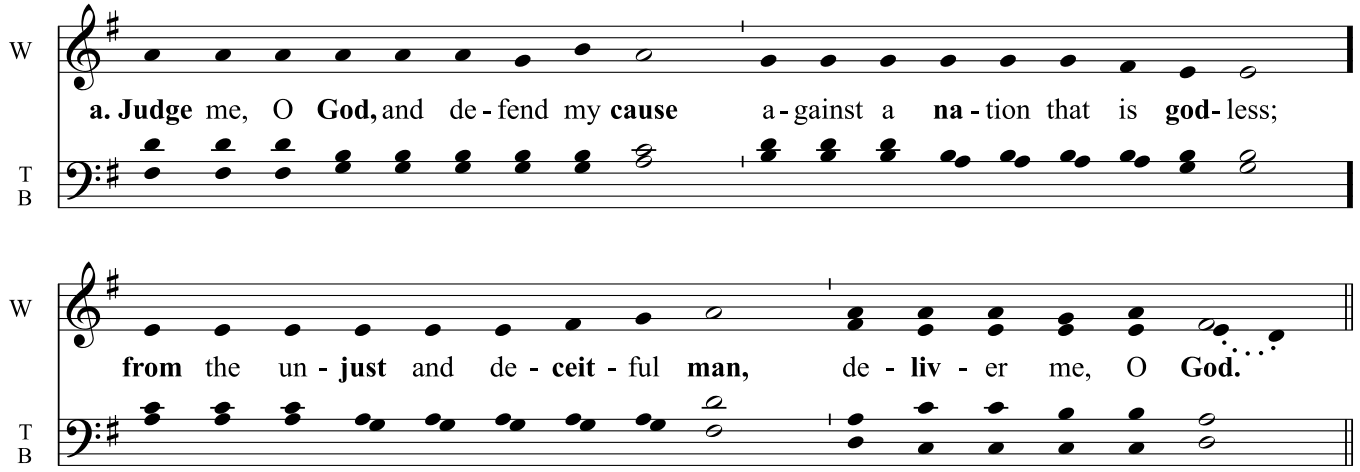
f. Glória Patri, et Fílio, et Spirítui Sancto. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen.

f. Glory be to the Father, and ***to*** the Son, and to the Ho-***ly*** Spirit. As it was in the begin-***ning,*** is now, and will be for ev-***er.*** Amen.

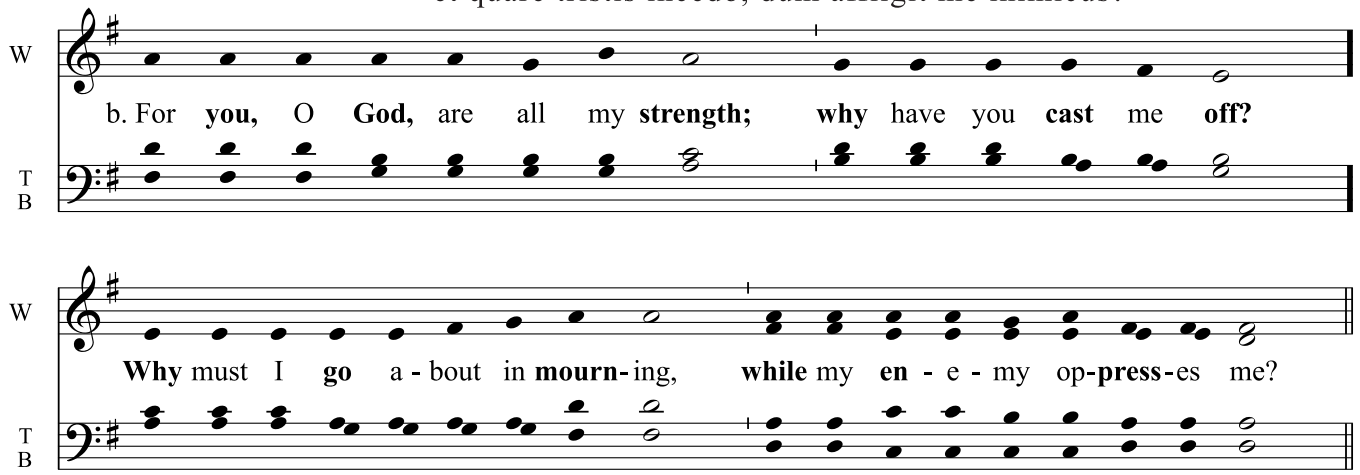
THIS SPLENDID hymnal contains hundreds of hymns set to simple-yet-gorgeous melodies. Most of the translations are by Roman Catholic priests & bishops. We're unaware of any other book that includes such rich history; indeed, the *Saint Jean de Brébeuf Hymnal* includes English texts (!) stretching all the way back to 1599AD. — **https://ccwatershed.org/hymn**

Optional verses • *Chabanel Tone in honor of William Couture*

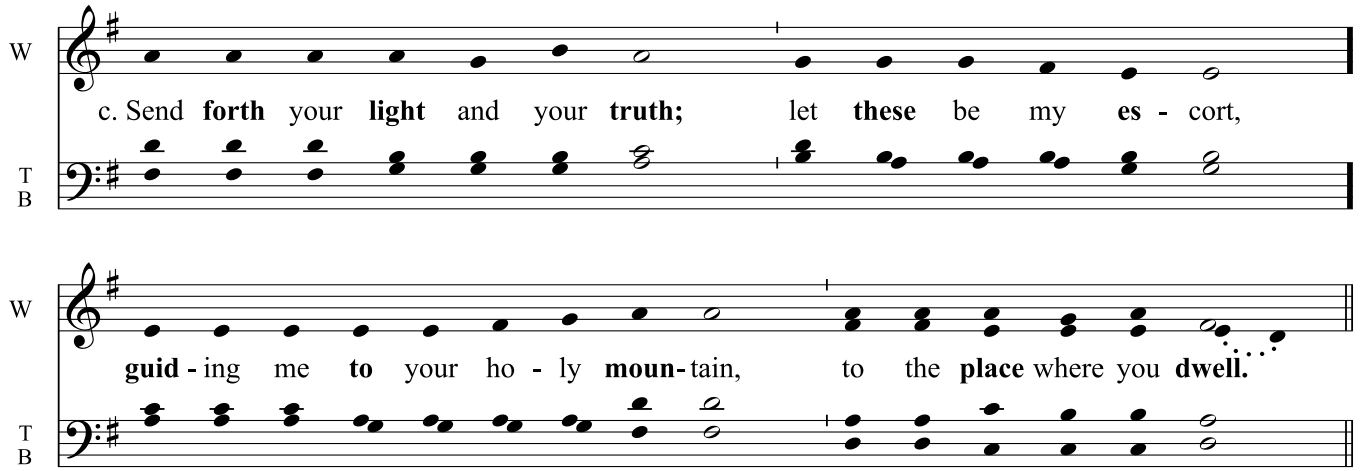
a. Júdica me, Deus, et discérne causam meam de gente
non sancta: ab hómine iníquo et dolóso érue me.



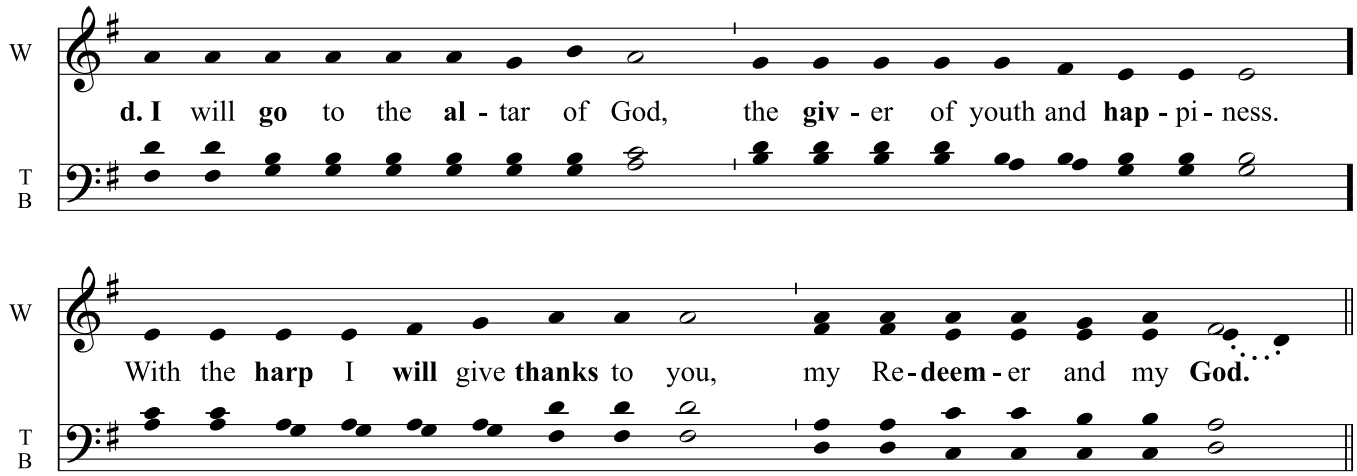
b. Quia tu es, Deus, fortitúdo mea: quare me repulísti?
et quare tristis incédo, dum afflígit me inimícus?



c. Emítte lucem tuam et veritátem tuam: ipsa me deduxérunt,
et adduxérunt in montem sanctum tuum, et in tabernácula tua.



d. Et introíbo ad altáre Dei, ad Deum qui lætíficat juventútem meam.
Confitébor tibi in cíthara, Deus, Deus meus.



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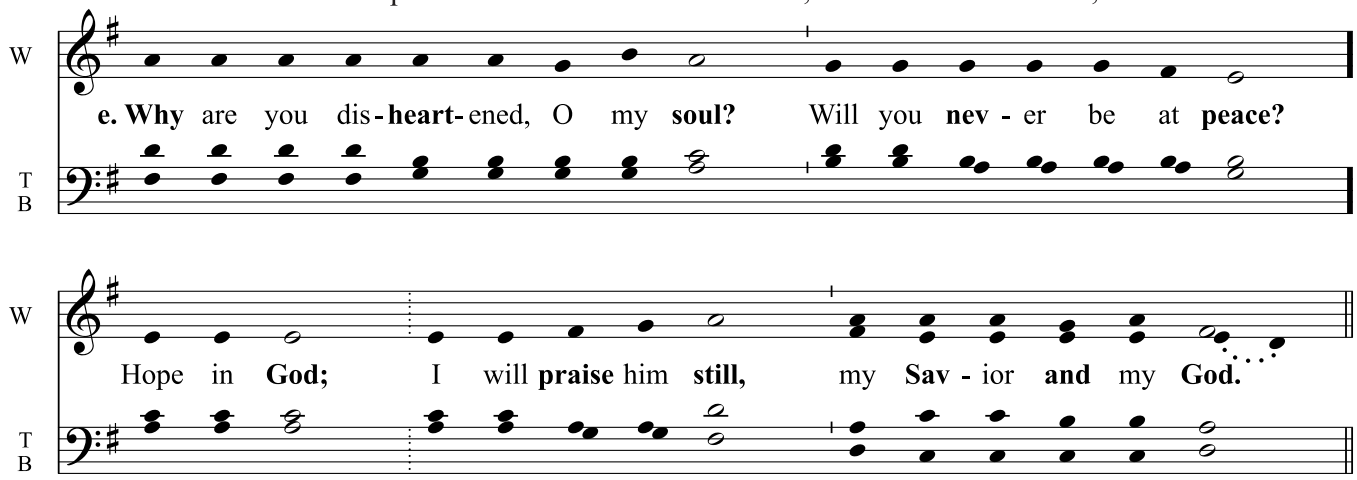

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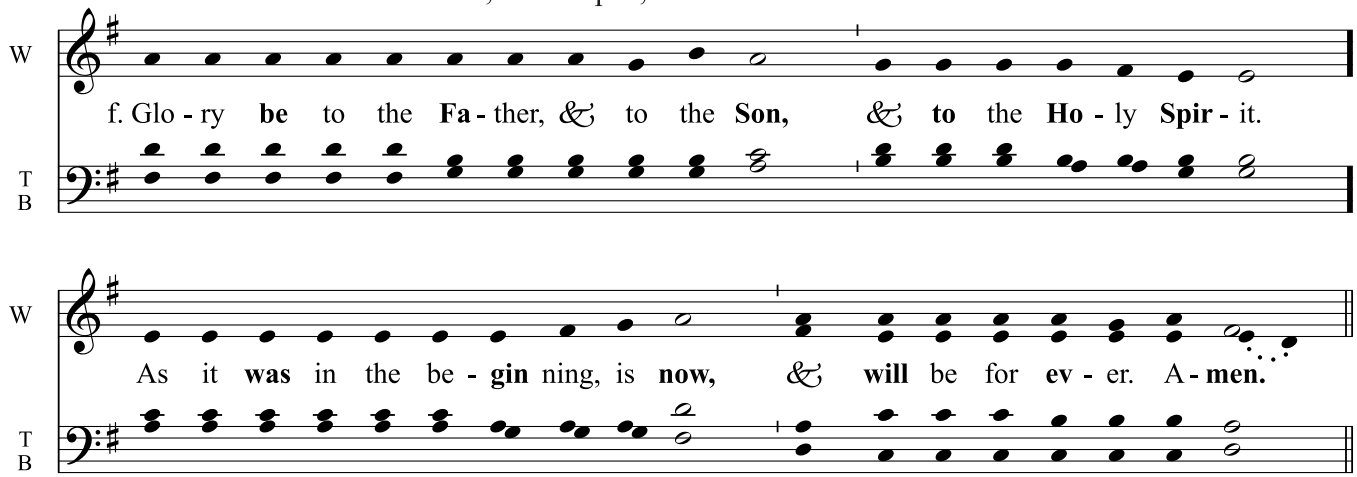

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