

Confraternity Translation  
(created during the 1940s)

- 2 I love you, O Lord, my strength,  
O Lord, my rock, my fortress, my deliverer.
- 3 My God, my rock of refuge,  
my shield, the horn of my salvation,  
my stronghold!
- 4 Praised be the Lord, I exclaim,  
and I am safe from my enemies.
- 5 The breakers of death surged round about me,  
the destroying floods overwhelmed me;
- 6 The cords of the nether world enmeshed me,  
the snares of death overtook me.
- 7 In my distress I called upon the Lord  
and cried out to my God;
- 8 From his temple he heard my voice,  
and my cry to him reached his ears.
- 38 I pursued my enemies and overtook them,  
nor did I turn again till I made an end of them.
- 39 I smote them and they could not rise;  
they fell beneath my feet.
- 40 And you girded me with strength for war;  
you subdued my adversaries beneath me.
- 41 My enemies you put to flight before me,  
and those who hated me you destroyed.
- 42 They cried for help—but no one saved them;  
to the Lord—but he answered them not.
- 43 I ground them fine as the dust before the wind;  
like the mud in the streets I trampled them down.
- 44 You rescued me from the strife of the people;  
you made me head over nations;
- 45 A people I had not known became my slaves;  
as soon as they heard me they obeyed.
- 46 The foreigners fawned and cringed before me;  
they staggered forth from their fortresses.
- 47 The Lord **live!** And blessed be my **Rock!**  
Extolled be God my savior.
- 48 O God, who granted me vengeance,  
who made peoples subject to me  
and preserved me from my enemies,  
Truly above my adversaries you exalt me  
and from the violent man you have rescued me.
- 50 Therefore will I proclaim you, O Lord,  
among the nations,  
and I will sing praise to your name,
- 51 You who gave great victories to your king  
and showed kindness to your anointed,  
to David and his posterity forever.

Lectionary Translation  
(sold for profit since 1970)

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