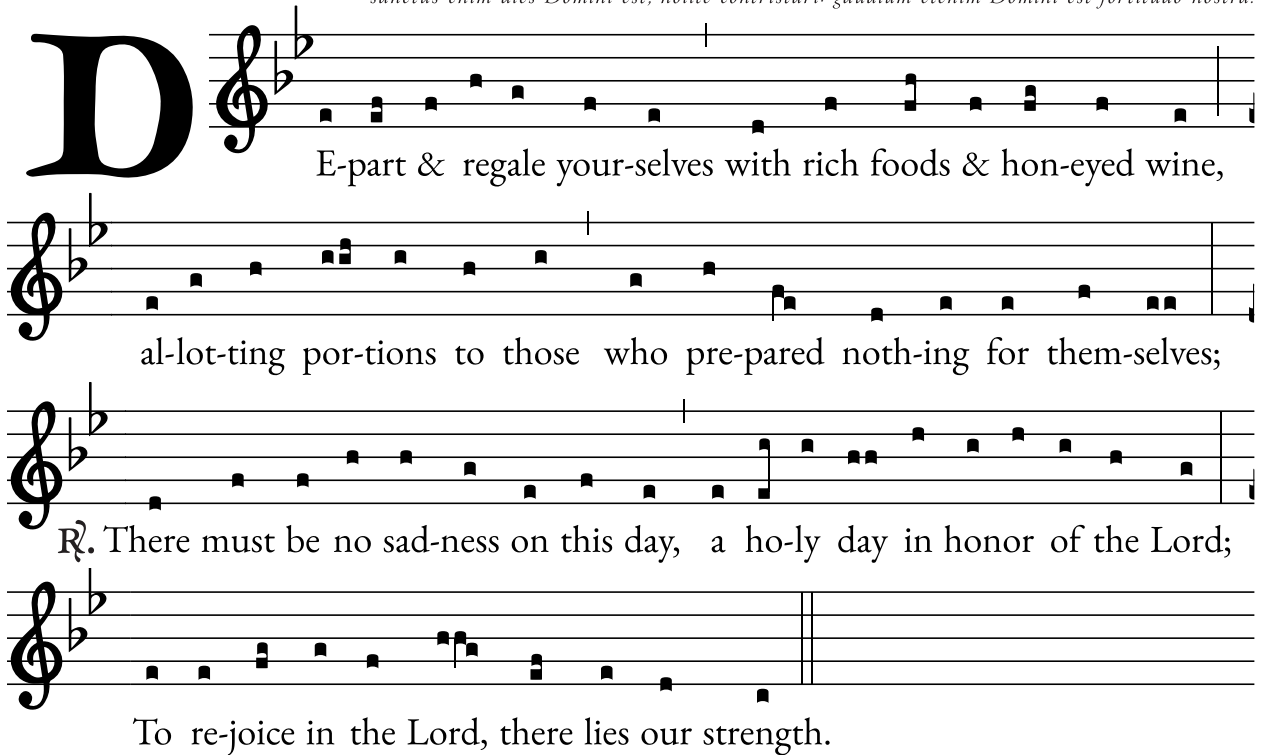


Communion • 3rd Sunday in Ordinary Time (Year C)

(II Esdr 8:10) *Comédite pingua et bibite mulsum, et mittite partes eis, qui non præparaverunt sibi: sanctus enim dies Dómini est, nolite contristári: gáudium etenim Dómini est fortitúdo nostra.*

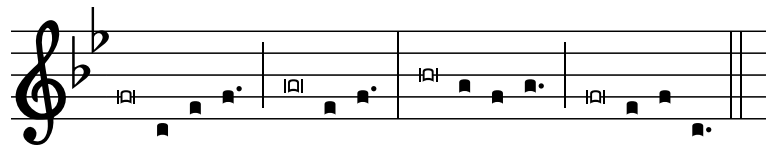
D



E-part & regale your-selves with rich foods & hon-eyed wine,
al-lot-ting por-tions to those who pre-pared noth-ing for them-selves;
R̄. There must be no sad-ness on this day, a ho-ly day in honor of the Lord;
To re-joice in the Lord, there lies our strength.

* At Communion, the singers need not repeat the entire antiphon. Rather, they can start the 'refrain' at the place marked with an R̄. — cf. the ancient "Versus ad repetendum."

Optional verses from Psalm 80
(traditional numbering):



1. Let there be no strange *god* among you,
nor shall you worship a for-*eign* god.
I am the *Lord* your God,
who brought you up from the *land* of Egypt.
2. But my people did not *heed* my voice,
and Israel would not *o*-bey me.
So I left them in their stubborn-*ness* of heart,
to follow their *own* designs.
3. O that my peo-*ple* would heed me,
that Israel would walk in *my* ways!
At once I would sub-*due* their foes,
turn my hand a-*gainst* their enemies.
4. Glory be to the Father, and *to* the Son,
and to the Ho-*ly* Spirit:
as it was in the begin-*ning*, is now,
and will be for ev-*er*. Amen.

ITS EDITORS LEFT NO STONE unturned in their quest for the best versions of these ancient Catholic hymns, combing through centuries of English translations from the sixteenth century to the present day. In the process, they have revealed much little-known material, and some that is published in a hymnal for the first time. [They] navigate this difficult terrain with assurance; indeed, the editors' explanation of the Urbanite reform and its impact on English translators is a model of clarity, and contains information this reviewer has not encountered elsewhere.

—Dr. Aaron James: 2019 review of the *Brébeuf Catholic Hymnal* in the *Journal of the Society for Catholic Liturgy* • <https://ocwatershed.org/hymn/>