

# Breslau Hymn in triple time

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LENT/EVENING

## Take Up Your Cross, the Savior Said 68

1. Take up your cross, the Sav - ior said, If you would  
2. Take up your cross, let not its weight Fill your weak  
3. Take up your cross, heed not the shame, And let your  
4. Take up your cross, then, in his strength, And calm - ly

my dis - ci - ple be; Take up your cross with will - ing  
spir - it with a - larm; His strength shall bear your spir - it  
fool - ish heart be still; The Lord for you ac - cept - ed  
ev - 'ry dan - ger brave: It guides you to a bet - ter

heart, And hum - bly fol - low af - ter me.  
up, And brace your heart, and nerve your arm.  
death Up - on a cross, on Cal - v'ry's hill.  
home And leads to vic - t'ry o'er the grave.

5. Take up your cross, and follow Christ,  
Nor think till death to lay it down;  
For only those who bear the cross  
May hope to wear the glorious crown.
6. To you, great Lord, the One in Three,  
All praise for evermore ascend;  
O grant us here below to see  
The heav'nly life that knows no end.

Text : Charles William Everest, 1814-1877, *Vision of Death*, 1833, alt.  
Tune : BRESLAU, LM; As *Hymnodus Sacer*, Leipzig, 1625, as melody of "Herr Jesu Christ, mein Lebens Licht," adapt. by Felix Mendelssohn-Bartholdy, 1809-1847