

The following comes from the ICEL RESOURCE COLLECTION published in 1981. It shows “Breslau” sung according to 3/4 time :

Take Up Your Cross
BRESLAU L.M. LENT
51

1. Take up your cross, the Sav - ior said, If you would
2. Take up your cross, let not its weight Fill your weak
3. Take up your cross, heed not the shame, And let your
4. Take up your cross, then, in his strength, And calm - ly

1. my dis - ci - ple be; Take up your cross with will - ing
2. spir - it with a - larm; His strength shall bear your spir - it
3. fool - ish heart be still; The Lord for you ac - cept - ed
4. ev - 'ry dan - ger brave: It guides you to a bet - ter

1. heart, And hum - bly fol - low af - ter me.
2. up, And brace your heart, and nerve your arm.
3. death Up - on a cross, on Cal - v'ry's hill.
4. home And leads to vic - t'ry o'er the grave.

5. Take up your cross, and follow Christ,
Nor think till death to lay it down;
For only those who bear the cross
May hope to wear the glorious crown.

TEXT: Charles William Everest, 1814-1877, in *Vision of Death*, 1833, alt.
TUNE: First appeared in *As Hymnodus Sacer*, Leipzig, 1625, as melody of *Herr Jesu Christ, mein Lebens Licht*, adapted by Felix Mendelssohn-Bartholdy, 1809-1847.

HOW HAS THIS never been done before? Rehearsal videos—*each individual voice!*—for the best Roman Catholic hymns ... completely free of charge! Search the **Brébeuf Portal**: <https://www.ccwatershed.org/brebeuf/list/> for items like “Easter” or “Advent” or “Eucharist.”