SEQUENCE for the Feast of CORPUS CHRISTI — Lauda Sion Salvatorem—

A LITERAL TRANSLATION by Rev. Joseph Connelly—granted *Imprimatur* by the Archbishop of Birmingham in 1954—is given in italics. A METRICAL TRANSLATION by St. Robert Southwell is given in bold print. Southwell—a Jesuit priest who secretly ministered to Catholics in England who still clung to their faith—was eventually caught and, having suffered bravely for three years, became a Martyr for Jesus Christ in 1595 AD.



1. Sion, praise your Savior. Praise your leader and shepherd in hymns and canticles.





vé-ri-tas, Noctem lux e-lí-mi-nat.

4. ... that, without any doubt, was given to the Twelve at table during the holy supper.

4. Which in the supper of our Lord, To twelve disciples at His board None doubts was delivered.

> 5. Therefore let our praise be full and resounding and our soul's rejoicing full of delight and beauty...

 Let our praise be loud and free, Full of joy and decent glee, With minds' and voices' melody;

6. ... for this is the festival day to commemorate the first institution of this table.

 6. For now solemnize we that day,
Which doth with joy to us display The prince of this mystery.

> 7. At this table of the new King, the new law's new pasch puts an end to the old pasch.

At this board of our new ruler,
Of new law, new paschal order
The ancient rite abolisheth;

8. The new displaces the old, reality the shadow and light the darkness.

 8. Old decrees be new annullèd, Shadows are in truths fulfillèd, Day former darkness finisheth.



et non rebus, Latent res ex-í-mi-ae.

9. Christ wanted what He did at the supper to be repeated in His memory.

9. That at supper Christ performèd, To be done He straitly chargèd For His eternal memory.

> 10. And so we, in accordance with His holy directions, consecrate bread and wine to be salvation's Victim.

> Guided by His sacred orders, Bread and wine upon our altars To saving host we sanctify.

11. Christ's followers know by faith that bread is changed into His flesh and wine into His blood.

11. Christians are by faith assured That to flesh the bread is changed, The wine to blood most precious:

12. Man cannot understand this, cannot perceive it; but a lively faith affirms that the change, which is outside the natural course of things, takes place.

12. That no wit nor sense conceiveth, Firm and grounded faith believeth, In strange effects not curious.

13. Under the different species, which are now signs only and not their own reality, there lie hid wonderful realities.

Under kinds two in appearance,
Two in show but one in substance,
Lie things beyond comparison;





19. Last of all, if the sacrament is broken, have no doubt. Remember there is as much in a fragment as in an unbroken host.

19. When the priest the host divideth, | Know that in each part abideth | All that the whole host covered.

20. There is no division of the reality, but only a breaking of the sign; nor does the breaking diminish the condition or size of the One hidden under the sign.

> 20. Form of bread, not Christ is broken. Not of Christ. but of His token. Is state or stature altered.

21. Behold, the bread of angels is become the pilgrim's food; truly it is bread for the sons, and is not to be cast to dogs.

21. Angels' bread made pilgrims' feeding | Truly bread for children's eating, | To dogs not to be offered.

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-The New Liturgical Movement Blog (6/10/2019)



^{24.} Lord of all, whom here Thou feedest, | Fellows, heirs, guests with Thy dearest, Make us in heavenly company! | AMEN. ALLELUIA.