FSSP.LA

MASS TIMES
CONFESSIONS 30 MIN BEFORE EACH MASS

SAN FELIPE CHAPEL 738 N. GERAGHTY AVE LOS ANGELES CA 90063

SUNDAY 11:00 AM

MONDAY 7:00 PM
Followed by polluck and conference

FIRST FRIDAY - 7:00 PM

ST. VICTOR'S CHURCH 8634 HOLLOWAY DR W. HOLLYWOOD CA 90069

SUNDAY 7:00 PM HIGH MASS

TUES & FRI - 7:00 PM
Tuesday Mass is followed by a conference
MON. WED & THURS

7:00 AM SATURDAY 9:00 AM

MORNING MASSES ARE IN THE OLD CONVENT CHAPEL THROUGH THE GREEN GATE IN THE SOUTH SIDE OF THE PARKING LOT EVENING MASSES

CONTACT

HTTP://FSSP.LA

EMAIL@FSSP.LA 323-454-1002

FSSP OF LA 645 W. 9TH ST UNIT 110-419 LOS ANGELES CA 90015

REV. FR. FRYAR FSSP FRFRYAR@ME.CÓM

REV. FR. MASUTTI FSSP PATERMASUTTI@GMAIL.COM

CHOIR

JEFF OSTROWSKI

DIRECTOR OF MUSIC

JEFF@CCWATERSHED.ORG

ALTAR SERVING
BR. MARK QUINTO
MC
MRKQUINTOFSP@GMAIL.COM

HOSPITALITY

JO ANNE PULLEY JSPULLEY@GMAIL.COM

FSSP.LA REGISTRATION REQUEST

PLEASE SEND ME A REGISTRATION PACKAGE. I WOULD LIKE TO BE PART OF THE FSSP.LA COMMUNITY!

CONTACT INFORMATION:

Name:	
ADDRESS:	

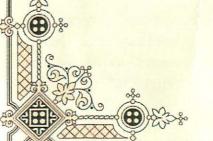
CITY/STATE/ZIP: _____

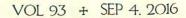
EMAIL:

PLEASE MARK THE APPROPRIATE BOX:

- ☐ I'M JUST INTERESTED
- ☐ I MIGHT BE A FUTURE PARISHIONER
- ☐ I DEFINITELY WILL BE A FUTURE PARISHIONER
- ☐ I WANT TO HELP YOU MAKE THIS HAPPEN!
- ☐ PLEASE CONTACT ME ASAP!

GIVE THIS FORM TO AN USHER OR MAIL IT IN.





Sixteenth Sunday After Pentecost

A THOUGHT FOR SUNDAY

in the Church. Rather than everyone taking the first seat, most Catholics like to take the last. The back seat on the bus, the last pew at church, the back seat in the movie theater..

While the movie theater and the bus simply have the best seating in the rear, it is also somewhat true for the back pew - we can be there, but also have an easy exit! So it really has nothing to do with humility.

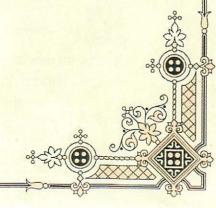
What we really need to work on is that we do not have a false humility. And this has nothing to do with seating.

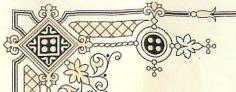
A false humility is that of a person who thinks and says and acts like "I am humble!" The very phrase "I am humble" has a problem because it contains the word "I".

A truly humble person acts and thinks as if they have no idea whether they are humble or not. Because they are not thinking of themselves. This opens them up for more care of neighbor, more charity, and ultimately more love of God.

God bless you. Fr Fryar







ANNOUNCEMENTS

es we will have the evening Mass, potluck and talk on Monday evening at San Felipe as usual, although it is Labor Day. (You don't have to come!)

lease do not park on the basket ball court. Other people do, but please do not let any of the Latin Mass attendees do so. That property belongs to the school, and frankly they do not like it. We have a great relationship with the school, and we would like to keep it that way. They haven't said anything recently, but it is good that they don't find need to express concern. God reward you!

egina Caeli LA is new group for single young adults, 18-36, to share their love and interest in the Tridentine Rite of the Mass. It is particularly affiliated with the FSSP (Priestly Fraternity of Saint Peter) Latin Mass Community here in Los Angeles, CA. Please contact Margaret Walsh for more details: margaretwlsh28@gmail.com.

AN ACT OF CONTRITION

or several years now we have lived in an education system that detests memorization. This unfortunately has consequences, for example many Catholics do not know an Act of Contrition. Countless times when it comes time in confession to make the act of contrition the penitent says: "Father I don't know an act of contrition."

This is problematic, because if you don't know your act of contrition, how do you tell God that you're sorry at the end of the day? Or do you tell God you're sorry at the end of the day?

Here is a good act of contrition. Included in red is an explanation of what it's saying. If you do not know one, memorize this one:

Oh my God I am heartily sorry that I have offended Thee.

(Sorry with all my heart - expressing that this is an act of the will (which is important) but using common language.)

I detest all my sins because I dread the loss of Heaven and the pains of Hell;

(This is honestly how we feel but manifests imperfect contrition.)

but most of all because they have offended Thee my God, who art all good and deserving of all my love.

(This expresses true perfect contrition.)

I firmly resolve with the help of Thy grace,

(Because we need God's grace to do good and avoid evil. This THE BACK OF THE CHURCH shows our dependence on Him.)

to sin no more and to avoid the near occasion of sin. Amen.

(This shows our resolution not only to stop sinning but to avoid the occasion that put us in proximity to sinning again. This is important.

There is an alternate ending to this act of contrition to be used outside the confessional, when you make your Act of Contrition with your night prayers:

I firmly resolve with the help of Thy grace to confess my sins, to do penance and to amend my life. Amen.)

Hymns

AT ST. VICTOR'S 7PM

PROCESSIONAL:

#888 COME HOLY GHOST, WHO

MASS BEGINS ON: PAGE 570

PROPERS: PAGE 377

CREDO:

RECESSIONAL: #896 VERSES 4 6 AND 8

PLEASE REMEMBER
TO RETURN THE HYMNALS
TO THE HYMNAL RACK AT
THE BACK OF THE CHURCH
GOD REWARD YOUR